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■ GLASSES

Visionary students

MARYANNE FIRTH
PelhamNews Staff

PELHAM — Kindergarten students at Glynn A. Green watched as an eye-catching visitor walked through their classroom door last Thursday.

He was big.

He was green.

And he was sporting the biggest pair of spectacles any of them had ever seen.

see VISION | page 2

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MARYANNE FIRTH Staff Photo

Six-year-old Austin Wilson, a student at Glynn A. Green, regularly gets his eyes checked. The youngster's class was visited by optometrist Dr. Richard Saari and mascot Fribbit to talk about the Eye See Eye Learn program.

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VISION

Glynn A. Green great at having eyes tested

FROM PAGE 1

The youngsters' eyes widened, smiles broadened and laughter loudened as Fribbit, a large frog with glasses, marched to the front of the class.

The mascot for the Eye See...Eye Learn program was at the school with a very special purpose — to congratulate the little ones for getting their eyes checked.

Of the 80 schools in Niagara involved in the program, which encourages junior kindergarten students to get their eyes checked and provides free glasses, if needed, when they do, the Glynn A. Green class had the highest percentage of participation. Thirty per cent of its students paid visits to local optometrists to have their eyes examined, knocking the regional average of 2% per class out of the park.

Dr. Richard Saari joined Fribbit on the visit Thursday to congratulate the class on their efforts and bring them a reward. The Welland optometrist donated a handful of books for the children, even taking the time to read *The Eye Book* by Dr. Seuss.

"I'm here because you did an amazing job," Saari said.

"Of all Niagara schools, you got the most eye exams out of everyone. I'm proud of you and your parents."

This is the first of five years the Eye See...Eye Learn program will run in Niagara. It is funded by the provincial government, local optometrists and industry sponsors.

It's important to have the eyes of children checked for any issues, such as lazy or crossed eyes, so they can be treated quickly and more effectively, Saari said.

"When they go to school, 80%



Welland optometrist Dr. Richard Saari and mascot Fribbit of the Eye See...Eye Learn program read to kindergartners at Glynn A. Green Public School last Thursday.

MARYANNE FIRTH Staff Photo

of learning is through the eyes," he said, calling examinations beneficial to the education of the youngsters.

Statistically speaking, one in six children is found to have some sort of vision issue, making it that much more important to get checked.

Exams are suggested once between the ages of six months and two years, once between two years and four years, and every year thereafter.

WHAT TO EXPECT DURING A VISIT TO THE OPTOMETRIST

During a child's eye exam, an optometrist will check:

- If the child can see well at all distances
- If the eyes are properly aligned and working together for reading, near work and depth perception
- If the eyes are healthy and free of any diseases or disorders
- If the child needs prescription glasses
- If there is any family and birth history, such as eye disease, seasonal allergies or prematurity

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■ MAGNIFIED ON

Technology gives people more resources

VICTORIA GRAY
PelhamNews Staff

Daniel Dobrucki donated \$20,000 to St. Ann Catholic Elementary School in Fenwick for technology last Friday in honour of his mother Adele's dedication to St. Ann Roman Catholic Church. She passed away after a stroke in 2010.

He wanted to do something for the church his mother attended for more than 60 years.

The 61-year-old chicken farmer was born in Welland and spent his life in Wellandport. He went to a two room elementary school in downtown Wellandport and eventually made his way to the University of Guelph

and received a bachelor of science and agriculture in 1974.

He also wrote a book about his father, Walterian's experiences during the Second World War, "Survivors of War."

The Pelham News sat down with Dobrucki to find out more about the little-known philanthropist and historian.

Q: Why are you donating this money?

A: My mother always regretted not getting more of an education. She got pulled out of school when she was in Grade 6 because her parents needed help on the farm and she was oldest.

see DOBRUCKI | page 6

VICTORIA GRAY Staff Photo
Daniel Dobrucki donated \$20,000 to St. Ann Catholic Elementary School because his mother was dedicated to St. Ann Catholic Church.

SUMMERFEST OPENER
Thursday, July 18
4 pm to 10 pm

PELHAM NIGHT OF ARTS & TEEN MOVIE NIGHT
Friday, July 19
4 pm to 11 pm

Visit PelhamSummerfest.ca

ALL DAY STREET FESTIVAL
Saturday, July 20
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Sunday, July 21
9 am to 2 pm

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■ LETTER

Soccerfest was a success

The 3rd annual RBC Soccerfest, held at Centennial Park on June 1, proved to be the best yet.

A very special thanks to our event sponsor, RBC - Royal Bank, who has shown continued support to make this fun day possible for the players of the Pelham Soccer Club. A big thanks to the other sponsors that assisted with the day and the many volunteers who make this day a success. RBC Soccerfest celebrates the start of the soccer season; with the generosity and support of the team sponsors and the dedicated coaches, the 700 players will have a great place to enjoy the game.

Jim Szepiaki
Pelham Soccer Board

Be useful if you're going to snoop

(Editor's note: The following "declassified" letter, which was mailed with an out-of-date 36-cent stamp, was made available to us by its author, Ian Gillespie. At no point did Sun Media staff use illegal or unethical methods to obtain this communication, although the whole process would've been a lot easier if Gillespie had simply been able to remember his e-mail password.)

Dear Defence Minister Peter MacKay:

Let me begin by stating that, unlike many paranoid and unduly suspicious Canadians, I have no trouble with the federal government monitoring my communications in the same manner as the National Security Agency (NSA) does in the United States.

Although I realize we don't blindly copy our neighbours south of the border (and I'm thinking of our penchant for three-day football and our proudly distinctive spelling of words like "flavour" and "behaviour" although I've always felt the extra vowel in "odour" contributes to undue confusion), I also understand that, under your direction, a similar program of so-called "data-mining" has been approved here in our country.

■ REAL ESTATE:

Niagara housing prices on the rise

Home sales continue to hold steady with sales in May surpassing last year's total by a single unit. According to the Niagara Association of Realtors there were 19 unit sales in Pelham during May 2012 while last May the tally was 18.

Year-to-date activity levels are well ahead of last year with the sales total of 99 transactions recorded so far this year reflecting a 23% increase over the May 2012 year-to-date total of 80 sales.

Low borrowing costs continue to fuel the market while the under supply of inventory is heating up price growth.

The average selling time for Pelham homes during 2103 has dropped to 74 days

– down from 94 days on average recorded during the months of January to May in 2012.

However, when compared to the rest of Niagara, selling times in our Pelham area are much longer than the overall market in Niagara.

The average number of days it takes to sell a home across the Niagara Region was 64 days so far this year down slightly from the figure of 66 days recorded during January to May last year.



CATHY
BERKHOUT-
BOSSE
REAL ESTATE VIEW

The 12-month average price in Pelham now stands at \$394,385; up 2.1% from the figure of \$327,528 recorded in May 2012. Across Niagara as whole, the 12-month average price has climbed an impressive 3.1% since this time last year.

The 12-month average price for the Niagara Region is currently \$243,939 compared to the level of \$236,440 reported in May 2012.

The average price increases in Niagara are happening despite a marked

drop in total sales activity.

As of the end of May, sales to date in the Niagara Region had reached 2,505 units – reflecting a 5% decline from last year's total of 6,358 transactions logged during the same time period.

The lower sales figures in Niagara are being offset by an under supply of new listings.

As long as demand for housing keeps outpacing the rate of inventory growth we can expect continued price growth into the second half of the year.

Cathy Berkhout-Bosse, H.A.A. is a real estate broker with Remax Welland Realty Ltd. living in Pelham. You can read past columns at www.NiagaraRealtySource.com

■ COLUMN

Finding meaning is to dare greatly

DEBORAH-MARIE FORESTER

It is a unique and human need to quest for the answers to big questions:

Who am I?

Why am I here?

Where am I going?

What do I want?

What is true?

Our responses to these questions colour how we move through life. Do we stand in the crowd, judging others?

Or, do we have enough faith and self-love to charge ahead knowing even if we fail we are better for having the courage to try?

Dr. Brene Brown, studies shame and vulnerability. She has been featured on TED talks and Oprah. If you hang out with me, you know she is someone I respect a great deal. Her latest book "Daring Greatly" shows the courage to be vulnerable

transforms the way we live, love, parent and lead."

Her research shows finding meaning comes down to the

difference between guilt

and shame;

and our ability to be vulnerable.

She is quoted as saying, "You

can't get to courage

without walking

through

vulnerability. Loving ourselves

through our own story is the

bravest thing we will ever do.

Being vulnerable is not a sign

of weakness as most of us

have been raised to believe.

Vulnerability is the cornerstone

of confidence. It's the birthplace

of innovation, creativity and

courage."

Guilt or shame, knowing the

difference is powerful.

Guilt is a healthy and

appropriate reaction to making

a mistake. It means that we

accept our failures, and move

forward into growth. According

to Brown, we can think these

two emotions look the same.

However, there is a profound

distinction. Shame is the painful

feeling we are unworthy of love

and belonging. Our sense of

love and belonging is the very

most primal need of the human

psyche. Feeling worthy of love

and belonging controls the

way in which we navigate our

inner and outer worlds. Brown

adds, "Shame cannot survive

being spoken; it cannot survive

empathy. Shame needs three

things to grow: secrecy, silence

and judgement. For someone

experiencing shame, the two

most powerful words in the

world to hear are "me too"

shame, it's impossible to have a

healthy sense of purpose. Only

when we are comfortable in

our own vulnerability can we

find meaning. Brown defines

vulnerability as "uncertainty,

risk and emotional exposure;

to be human is to be in

vulnerability."

"Daring Greatly means the

courage to be vulnerable. It

means to show up and be seen.

To ask for what you need. To

talk about how you are falling

to have the hard conversations."

For me, finding meaning

equals growth.

The process of observing my

choices.

The freedom to succeed and,

more meaningfully, to fail.

The courage to love myself

through my own story.

I would like to dedicate this

article to our teachers. This

year has really put their feet to

the fire.

see FORESTER | page 6

■ GILLESPIE

I have nothing to hide, Playboys notwithstanding

FROM PAGE 4

Although there's a box of old Playboy magazines in the basement that I'd rather not have my daughter see, I have nothing to hide. And I eagerly encourage any spying, snooping, prying or peeping that will preserve our freedoms.

Which brings me to the point of this letter: Perhaps — if they're not too busy with monitoring evil terrorists and expensing senators — your staff could help me.

Since we now know Verizon was providing American officials with "metadata" from its cellphone customers, I assume Ottawa officials have gathered similar details from Canadian phone conversations, Google searches, Skype exchanges and grocery lists.

I'm therefore wondering if your staff could help me clear up a few pesky problems by searching their records. Specifically, I'm hoping somebody can locate a phone conversation I conducted with my wife on May 25, 2013.

My wife insists that, on the day in question, she called me at home and gave me explicit instructions to: (a) defrost a package of chicken thighs, (b) pick up my daughter from her dance lessons and (c) go to the store and buy milk and cottage cheese.

I, however, distinctly recall her instructing me to (a) defrost the cottage cheese, (b) tell my daughter to walk home and pick up some milk on the way and (c) go to the store and buy a new freezer.

As you likely understand, the resulting confusion has

caused a certain amount of consternation within my household. First, the cottage cheese went bad. Next, when nobody arrived to pick her up at the dance studio, my daughter started hitchhiking and ended up working as a "Wall of Death" stunt rider with a travelling carnival from Tennessee. And the new freezer, which we don't need, is now doubling as a bed in our guest room.

Again, I know your staff is busy. But if somebody could provide me with a transcript of that phone call (and perhaps help me locate the chicken thighs), I would be greatly appreciative.

Oh, and please ignore all my Google searches for "bazoons," "melons" and "sweater kittens." I was just doing research.

lan.gillespie@sunmedia.ca

Getting Niagara ship-shape

DAVE JOHNSON
InPort News Staff

PORT COLBORNE — The U.S. brig Niagara continues to draw people to Port Colborne's waterfront when it docks along West St.

People were taking photos and just admiring the War of 1812 tall ship Saturday as crew members were working in its rigging. Other crew members were out sunning themselves, or walking along West St.

The brig served as a relief flagship for Oliver Hazard Perry, who commanded the American fleet on Lake Erie in 1813.

during the War of 1812. Perry's flagship, the USS Lawrence, was heavily damaged in the battle on Sept. 10, 1813, and he switched command to the USS Niagara. From the deck of that ship, he defeated Royal Navy ships on the lake.

The Niagara has been to Port Colborne for Canal Days Marine Heritage Festival in the past and stopped numerous times in the city on its way to other ports.

The ship serves as an ambassador for the state of Pennsylvania and operates as a sailing school vessel, as well.



DAVE JOHNSON Staff Photos
The U.S. brig Niagara sits along West St. in Port Colborne on Saturday. The tall ship out of Erie, Pa. is a familiar visitor to the city.

It is part of the Tall Ships Challenge Great Lakes 2013 tour and was on its way through the Welland Canal for a stop at the Redpath Waterfront Festival in Toronto, where it will be joined by other tall ships this coming weekend.

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Mother attended St. Ann

FROM PAGE 3

She always meant to go back.

Q: What Does St. Ann mean to you?

A: My mother went to the church the school is affiliated with and she went to that church every Sunday for as long as I can remember.

My family is very religious, but I'm not.

Q: Why did you earmark the donation to St. Ann for technology?

A: That's what they said they wanted. My grandnephew, Joseph Dobrucki goes to the school and he

said they didn't have much.

Q: What's your favourite colour and why?

A: Black and gold, like the Boston Bruins. Black and gold is also the colour of the Wellandport Warlords, but I still look better in Montreal Canadiens red.

Q: What book are you reading right now?

A: Gordon Anderson's *Beyond the Great Water*. It's a fiction novel about the War of 1812.

I got it at the Welland Book Fair.

Q: What's your favourite movie?

A: The Star Wars Trilogy.

The original, obviously.

Q: What is one piece of technology you couldn't live without?

A: Technology! I hate technology! I guess maybe my PVR.

Q: What do you think technology adds to an education?

A: Well, it gives people more resources to find things out.

Q: If you could go anywhere in the world and do anything what would it be?

A: Mars. I'd build and green house and grow veggies.

Q: Why?

A: I'm a farmer at heart. It's what I do.

Q: Who is your role model and why?

A: My dad because he always wants to help people.

Q: What is your biggest regret in life?

A: Not finding anybody to love.

Q: What's one thing you want to do before you die?

A: Nothing. I wanted to write the book about my fathers journey during the Second World War and I've done it.

Q: What's your favourite memory from elementary school?

A: Playing baseball with the other kids. No rules, just Wellandport rules - just fun.

Q: What's your favourite food?

A: Pizza.

Q: What is your

first memory of using technology?

A: Pong games in university. I was fascinated.

Q: If you were an animal what would you be and why?

A: A killer whale because I could bother people in boats and it would be neat. A lot neater than being a shark.

Q: What do you think the most important aspect of education is?

A: Finding something to do that you are actually good at.

Q: Can you explain that?

A: So many people go to school and never really get anything out of it. You need to find your natural talent and build on it.

Q: Why is a manhole cover circular?

A: I assume it is because the hole itself is circular and if the cover wasn't it wouldn't fit.

Dare greatly daily

FROM PAGE 4

Each of you have earned my deepest respect and I honour you for 'daring greatly' daily, as you guide our precious youth.

In closing, I leave you with this thought: What gets you into the arena?

Join me next month as we visit the wellness dimensions of Eating and Moving.

Until then, dear loved one: Breathe.

Deborah-Marie Forrester is the founder and managing director of *Daria-Prana Healing and Wellness Centre* in downtown Fonthill.

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RECREATION PROGRAMS & CLASSES

Zumba Fitness @ Pelham Arena

Tuesday June 25th 7:30pm - 8:30pm

Zumba Gold @ Pelham Arena

Tuesday June 25th 9:30am - 10:30am
Thursday June 27th 9:30am - 10:30am

Drop in and try any session for \$6 or purchase your 10 + 2 bonus passes for \$60. For more info, contact (905) 892-2607, ext. 329.

Walking Club - Everyone is welcome - June 25th and 27th

Interested in walking in Pelham? Interested in joining a Walking Club? Then join us Tuesdays at Pelham Arena from 9-10am and Thursdays at Fonthill Bandshell from 9-10:30am. For more information, contact (905) 892-2607 ext. 329.

Women's Outdoor Scrimmages - Mondays & Thursdays 10:00-11:30 am (May 6 - June 27)

Come out to Centennial Park, 999 Church Street, Fenwick, for a variety of sports including basketball, soccer, softball, ball hockey & ultimate Frisbee. \$6 per session or purchase your 10 + 2 bonus passes for \$60. Passes can also be used for Zumba classes. For more information, contact (905) 892-2607, ext. 341.

Summer Program Registration

Registration for the Aquatics programs and Summer Camps is now open. Details and application forms are available at www.pelham.ca

COMMUNITY EVENTS & NEWS

(((Wi-Fi))) Now Available @ Peace Park in Fonthill

Just in time for summer festivals and events, free Wi-Fi access is now available to Peace Park visitors 24/7. Be sure to check it out when attending Bandshell or taking a stroll through the park!

2013 Rain Barrel Program

We are taking orders for rain barrels. Cost: \$38 and must be pre-paid at Town Hall. Proof of residency is required; maximum 2 rain barrels per household. Limited quantity available. Order yours today! For more information, contact (905) 892-2607, ext. 347 or sjaeger@pelham.ca.

Pelham Farmers' Market - May 2 until October 24 - Pelham Town Square - Market Bucks Winner: Paul Fedj

2013 marks the 10th year for our vibrant Farmers' Market! Come out and meet your local market vendors and purchase food that is fresh, high in quality and the next best thing to harvesting it yourself. Every Thursday from May 2 to October 24, 4:30pm till dusk.

Thursday Night Concerts - June 20 until September 5 - Fonthill Bandshell, Peace Park

Check out the lineup at www.fonthillbandshell.com

Pelham Festival Book Fair - Saturday, June 22 from 2 - 4 p.m. at the Pelham Public Library

Let authors from the Pelham area, and as far away as PEI, inspire you, scare you, or warm you with their writings! Bookbinder Hannelore's Story Works, children's publisher Barefoot Books and Greyboards Publishing will all also be here. Drop in for the book sale and signing.

Heritage Tea - Saturday, June 29, 2013 at 11 a.m.

Join us for a Heritage Tea Party with a Georgian Era Themed. To be held at Holy Trinity Anglican Church, 1557 Pelham Street, Fonthill. Tickets are \$7.00 and may be purchased at the Town of Pelham Municipal Offices - Financial Services Counter. Full details at www.pelham.ca or contact (905) 892-2607, ext. 347 or sjaeger@pelham.ca.

Canada Day Celebration - Monday, July 1, 2013 - Harold Black Park

Parade at 1pm - Live music, food, crafts, kid's pet show and more! For applications visit www.pelham.ca.

Communities in Bloom Committee Presents the 12th Annual Garden Tour, Saturday July 13th, 2013, 10:00am - 3:00pm

Do you love gardening? Have a green thumb? Interested in getting some new and different ideas for your property? The Communities in Bloom Committee would like to invite you to the 12th Annual Garden Tour. More than 10 properties will be featured for 2013 throughout Pelham. Refreshments and entertainment will be provided at one of our stops! Interested in being a garden silter for the event? Please contact 905-892-2607, ext. 341 for details! Tickets are \$10.00

Pelham Summerfest 2013 - Thursday, July 18 until Sunday, July 21

It's never too early to start thinking about Pelham's summer fun festival! Check out www.pelhamsummerfest.ca for updates. Art show, vendor and sponsorship applications are now available online.

NOTICES & REMINDERS

Join the Communities in Bloom and Canada Day Committees!

Both Town Committees are looking for interested members! To join or for more information, contact (905) 892-2607, ext. 341.

Book the Arena Hall or Old Pelham Town Hall for your next function or event!

For more information, contact

(905) 892-2607, ext. 347.

List Your Business in the

Town of Pelham Recreation,

Culture & Wellness Guide

Fill out a business directory information card with the Town of Pelham by visiting Town Hall or contact 905-892-2607, ext. 315.

Keep Pelham Streets "Lit"

Report any problems you notice with Town streetlights to Public Works at (905) 892-2607, ext. 332. Please remember to provide the pole number for the hydro utility to investigate.

Reminder for Dog Owners

Please note that in accordance with By-Law 97-2010, dog owners and walkers are required to remove all feces left behind on private or public property. Please remember to be responsible and stoop and scoop!

Open Air Burning Permit

Please note open air burning requires a permit at a cost of \$20 annually. Pick up yours at Pelham Fire Station #1, 1177 Highway #20 West, Fonthill. For more information, contact (905) 892-3943.

Keep Your Summer CO Free

In the summertime, carbon monoxide (CO) - an invisible, odorless, poisonous gas - can build up in your cottage, tent, garage, camper, boat cabin or RV, when you use your gas stove, propane heater, kerosene lantern, fireplace or other fuel-burning appliances. Protect yourself by installing CO alarms and frequently testing them and their batteries.



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■ ARTISAN MARKET: First year for event

One of a kind show

VICTORIA GRAY
PelhamNews Staff

WELLAND — Hannelore Setzek breathes new life into old stuff.

The owner of Hannelore's Story Works reclaims and repurposes books.

"They're books that have been earmarked for the end, nobody is ever going to read them again and I turn them into something new," she said.

She rebinds some of the books into personal notebooks or journals that incorporate some of the books' previous elements — a piece of the story between blank pages or she uses the pages as binding.

She was selling the one-of-a-kind pieces at the first annual Heirloom Artisan

Market at Vermeers Garden centre on Pelham Rd. in Welland Friday along with more than 50 other creative minds.

Show organizer and Pelham resident Erin Snow said more than 400 people attended within the first four hours last Friday and was confident even more would attend last Saturday.

The owner of Chasing Clouds, an organic bath and body products company, said the success of the first annual event was shocking.

"I've almost sold out," she said. "I'm probably going to be up until midnight making more for tomorrow."

She organized the event because she didn't think there was a craft show with the right vibe or mix of artisans to sell her product.

"It's really hard to sell your work when there is someone doing the same thing two stalls over," she said.

Snow creates bath salts, perfumes, lotions with a beeswax base and lavender as well as essential oils. She also will create custom items

for people who ask.

The garden centre seemed to be the perfect fit for many artists and customers.

Karrie Bannerman, owner of Vixen and Reynard, a cosmetics company was showing her organic products at a craft show for the first time.



Richard Brown
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"I love that it's in a garden centre," she said. "We're surrounded by nature and beauty and that is a really

good fit for what a lot of us are doing."

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Alcohol and Gaming
Commission of Ontario



Notice of Liquor Licence Application

The following establishment has applied to the Alcohol and Gaming Commission of Ontario for a liquor licence under the *Liquor Licence Act*:

Application for a Sales Licence

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Any resident of the municipality may make a written submission as to whether the issuance of the licence is in the public interest having regard to the needs and wishes of the residents. Submissions must be received no later than **July 13, 2013**. Please include your name, address and telephone number. If a petition is submitted to the Commission, please identify the designated contact person. **Note:** The AGCO gives the applicant copies of any objections. Anonymous objections are not considered.

The personal information gathered is collected under the authority of the *Liquor Licence Act*. The principal purpose of the collection is to assess eligibility for the issuance of a liquor sales licence. Copies of all objections are given to the applicant. This information may also be disclosed pursuant to the *Freedom of Information and Protection of Privacy Act*. Questions about this collection should be directed to the Manager, Licensing and Registration, Alcohol and Gaming Commission of Ontario at the address, telephone numbers or e-mail address listed below.

Submissions to be sent to: Licensing and Registration, Alcohol and Gaming Commission of Ontario, 30 Sheppard Avenue East, Suite 200, Toronto, ON M2N 0A4.
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THE REAL ESTATE EXPERT

VICTORIA GRAY Staff Photo

Hannelore Setzek was busy creating her one-of-a-kind notebooks at the first annual Heirloom Artisan Market at Vermeers Garden Centre.

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■ **GARDENS:** Hope Centre Water Feature Tour is this weekend

Explore these backyard oases

VICTORIA GRAY
PelhamNews Staff

Spending a day by the water is as easy as walking into the backyard for Greg Woods.

The Hope Centre board president doesn't live on the shores of Lake Erie, he lives in Pelham, but he sits beside two waterfalls daily. "I find it extremely relaxing," he says. "There's nothing

better after a hard day."

Woods' contemporary oriental garden mimics the style of American architect Frank Lloyd Wright.

And he wants to show residents his garden to give them ideas and tips on how to create their own backyard oasis.

His home is one of nine on the Hope Centre's Water Feature Tour on Saturday. It runs 9 a.m. to 2 p.m.

Tickets are available at The Hope Centre on East Main St. or at Rice Road Greenhouse and Garden Centre for \$15.

"There are a few homes that have the wow factor, but there are also some smaller gardens to help give people with less space some ideas for their own gardens," Woods says.

One of the homes on the tour has a 10-metre-tall waterfall that was created by the homeowner. There is also a home that has a water feature on the tour incorporates hand-

made sculptures in water features that are for sale. The centre receives a portion of sales made during the tour.

"There are a lot of garden tours, but I don't find many centre about water features," Woods says.

Properties on the tour have one or more of the following in their garden — waterfall, pool, pond and hot tub.

Tickets for Saturday's tour come with a passport to keep track of homes and a map to get you there.

Woods says tour participants can start at any location they wish.

For more information call The Hope Centre at 905-788-0744.

victoria.gray@sunmedia.ca



VICTORIA GRAY Staff Photo

Hope Centre board president Greg Woods will show off his backyard garden waterfall for the centre's Water Feature Tour 2013.



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Skatepark donation



Sam Reynolds, left, receives a \$400 donation from Jim Briggs for the Isaack Riehl Skate Park. The youth has created T-shirts to raise money for the skate park. For more information about purchasing a T-shirt e-mail info@theriehlsskatepark.com.

Supplied photo

Dr. Kimberly Dobson

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■ GARAGE SALE:

Garage sale to benefit United Way

VICTORIA GRAY
PelhamNews Staff

Helping the community doesn't have to involve money or time.

Jayne Watson and Dianne Watters, owners of DJ Weight Management in Pelham are holding a giant community garage sale to benefit the United Way.

"A lot of people don't

have a lot of money, but they still want to help," Watson said. "I think almost everyone has something socked away in their basement or garage they could donate to the sale."

The pair staged the sale last year for the Ovarian Cancer Walk for Hope in St. Catharines and it raised about \$2,000.

This year they've teamed

up with owner of Kwickfit Niagara, Frank Adamson, Edward Jones Investments' Kevin Bolibruck and Studio 20 owner Krysta Pratt.

The giant jumble sale takes place Saturday, June 22 from 8 a.m. to 2 p.m. at 10 Regional Rd. 20 where the businesses are located.

Watson said the team chose to donate to United Way to keep the money

local and because they help a large number of charities all over Southern Niagara.

"I thought, 'why not do it for another local cause to keep money here?' The United Way touches so many people, so I thought it would be a great way to bring people together!"

Watson is challenging other local business

residents to get involved by donating anything under the sun.

They are looking for all kinds of household items from furniture to knick-knacks, books and more.

Watson and her team are also still looking for volunteers to help out with the sale.

"I know if we could get some local business

together we could make it bigger and better and get more donations," Watson said.

To donate an item drop it off at Regional Rd. 20 East at Edward Jones Investments.

For more information call 905-892-9990 or 289-897-8903.

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■ THURSDAY NIGHT CONCERTS



Supplied photo

Jonathan Knight and Soulstack will perform next week at the Fonthill Bandshell Concert Series.

Jonathan Knight, Soulstack to hit bandshell stage

For PelhamNews

From the belly of the Delta, and northward through Detroit: Southern Ontario's Jon Knight and Soulstack has been shaking things up on radio playlists, showcase and festival stages throughout the country. Mixing the sweet Delta breeze with industrial Detroit fumes to concoct their original soulful bash of blues-tinged exhaust, Jonathan Knight's (vocals, guitar) Mark Vessenger (vox/key), Josh Knight (vox/bass) and Tom Bona (drums/vox) and Chris Latta (baritone guitar) deliver a refreshing mix of original delta blues & Memphis soul.

Since their debut album *Big Red*, Soulstack has consistently shown up on top 10 lists and garnered attention industry-wide. From their feature on CBC's "Here and Now" with the Song of the Week to their most recent Independent Music Award nomination to their consistent presence on airplay charts across the country, Soulstack is one band to put on your must see list.

Jonathan Knight and Soulstack will perform during the Thursday Night concert series on June 27 in Peace Park beginning at 7 p.m.

For more information and the complete concert schedule, go to www.fonthillbandshell.com



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2nd Session: Aug 12 - Aug 30, Mon-Fri 8:30-11:00 am
Cost: \$160 (can be used for your Child tax credit)

Where: at the SNRC boathouse, 270 Colborne St., Welland (Across the canal from the former John Deere Plant)

Registration:
Friday June 21 • 4:00-7:00 pm
Saturday June 22 • 10:00 am-Noon

For more info please email our website at:
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■ ROSE FESTIVAL: Fishing derby

Weather doesn't deter junior anglers

VICTORIA GRAY
PelhamNews Staff

WELLAND — The Rose Festival's annual Children's Fishing Derby was a wet one.

About 50 children and their parents dotted the canal bank on Lincoln St. near Denboun, last Sunday to catch the elusive swimmers for a chance at a new bicycle or fishing rod.

Event chair Louis

Bourdages said last year there were about 200 children fishing and some years there have been more than 300, but the weather must have kept most of them home.

"Every year is different," he said. "You'll never get it the same twice."

He also said many people were showing up at the North Course on Canal Bank St., which was last year's location.

"We couldn't go there this year. There is too much construction going on," he said. "We'll probably go back next year."

Amy Vanderklok and her children braved the rain to spend the day together doing something they all enjoy.

"We're originally from up north — this is what we do," she said.

Jordan Gruhl and his three-year-old daughter Tessa fish

fairly often. Although she doesn't catch anything but seaweed right now Gruhl hopes she'll develop a love of the sport, so they can continue to spend time together as she gets older.

"She likes (fishing) in the boat and it's just nice to be together," he said.

Scott Harriman likes bring his boys to the derby because it's free and at many places a license is required.

"They really love to fish and they talk about it all the time," he said. "It's a nice, cheap day."

Bourdages said despite low attendance he's happy the families who came out got to spend a nice Father's Day

together.

"That's what it's all about, just getting out and enjoying each other's company," he said.

victoria.gray@sunmedia.ca
Twitter: @VixeyG



VICTORIA GRAY Staff Photos

ABOVE: Fernando Levert didn't mind the rain at the Rose Festival's annual Children's Fishing Derby. BELOW: Lucas Winter caught four fish.



TOWN OF PELHAM

The Town of Pelham is interested in acquiring property to construct a new Fire Station in the North Pelham area.

The land must be a minimum of 1 hectare or 2.5 acres to accommodate a 7,000 square foot facility; land sizes exceeding this minimum will also be considered.

If you own property that meets these requirements and are interested in entering into negotiations with the Town of Pelham with regards to the sale of your property, please contact Mara Bray, Purchasing Coordinator, via email at mbray@pelham.ca or fax at 905-892-5055 by no later than 4:00 p.m. on Friday, June 28th.

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■ PELHAM SUMMERFEST COMMITTEE:

Downtown will transform into hub of activity

For PelhamNews

Once again, during Pelham Summerfest's all-day street party, Peace Park and its surrounding area will transform into a bustling hub of activity for the little ones.

Beginning at 10 a.m. and continuing until 6 p.m. on Saturday, July 20, this section of downtown Fonthill will be abuzz with non-stop children's activities and entertainment; all free, thanks to generous donations from Meridian Credit Union, Niagara Inflatables, Pharmasave, and McAvoy, Belan & Campbell Insurance & Financial Brokerage Services Ltd.

This year, the Kids Zone Play Area, sponsored by the Meridian Credit Union, Niagara Inflatables and Pharmasave, will feature a series of exciting bouncers; these include the wet

paddle boat lagoon, the fun giant slide, the challenging obstacle course, a giant combination inflatable for the brave and a pint-size bouncer for toddlers. Look for Caricature artist Caroline Holroyd, a 'Touch-a-Truck' sponsored by Lafarge, 'The Burning House Water Game' with Pelham Fire Station 3 and various buskers, including jugglers, stilt walkers and street magicians.

The Peace Park Bandshell will play host to several interesting and diverse types of entertainment throughout the day, sponsored by McAvoy, Belan & Campbell Insurance.

Starting off the fun will be Zumbatomic with Debbie Giguere, a high-energy fitness party filled with special routines, choreographed to the latest music. It's a great way for kids to get fit while

having a blast.

Mark Turney the magician will take to the stage to charm and amaze with his own unique brand of tricks, sleight of hand and balloon sculpting. The London Reptile Kingdom will be presenting a live interactive and educational show featuring amazing creatures from around the world, like snakes, lizards, turtles, tarantulas and scorpions. This is an unforgettable

event that allows children to have a hands-on experience with some pretty cool reptiles. Castlemoon Theatre will spin a mesmerizing tale sure to capture the attention of younger ones. This neat puppetry workshop and play allows the children to make their own puppet, perform in the show and take their creation home with them.

There will be plenty of entertainment and activities

to keep the little ones busy the entire day, so make sure everyone is kept sun-hat. Remember that the Sun-Hut offering sunscreen and a water bottle refill station are sponsored by the Niagara Region, will be at a separate locations accessible to all throughout the day. For more information on the activities in the Kids Zone, look for the balloon icon on www.pelhamsummerfest.ca.

■ COMMUNITY

Youth helps Rose City Kids

VICTORIA GRAY
PelhamNews Staff

WELLAND — Rose City Kids always put a smile on Robbie Dilts face.

The 17-year-old started going to the weekend program about five years ago and now he's a junior leader.

His childhood was traumatic and although he doesn't like to talk about it, the people at Rose City Kids helped him deal with his abusive past.

"My childhood wasn't the greatest, so I needed someone where to go and Rose City Kids happened to be that place," he said.

He wanted to give back to the program with more than his time.

Dilts applied for Community Kid All-Stars, a non-profit organization developed to help build young community leaders.

Dr. Andrew Marziano, a resident of Fonthill wanted to give a young person the ability to bring their ideas to fruition.

Dilts wanted to build a sports court behind the Rose City Kids theatre on East Main St. in Welland.

Rose City Kids started with about 13 children registered for programs about five years ago and now has more than 550 children taking part.

A committee of judges from the District School Board of Niagara, Niagara Catholic District School Board and the Niagara Region chose his application.

■ 2014 PROJECT

Many hands seeking work

Niagara College's Many Hands committee is currently accepting applications for its 2014 project.

The student-led renovation project helps enhance and improve the facilities of local charitable organizations with renovations.

Students from Niagara College's Event Management and construction studies programs will plan and execute the project set to begin in 2014.

To qualify for the project agencies must be not-for-profit, involved in providing a community-based service in the Niagara Region, and be willing to commit agency resources to the project. The project will be selected by the Many Hands Project Advisory Committee.

The deadline for applications for the 2014 project is Friday, August 23.

Application forms are available online at www.NiagaraCollege.ca/ManyHands.

—staff

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■ TOPIC: Intro line goes here

Pelham gains attention for accessibility

The Town of Pelham has gained national attention for accessibility.

On Friday, June 21 Pelham council will receive a visit from the honourable David C. Onley, Lieutenant Governor of Ontario. At 4 p.m. Onley and Mayor of Pelham Dave Augustyn will tour Centennial Park play-

ground, one of Pelham's fully accessible playgrounds, followed by a meet and greet with the Fabulous Fenwick Lions during its bi-weekly Fish Fry.

Augustyn and the 613 Royal Canadian Army Cadet Corps will greet Onley and introduce members of Council and of the Joint Accessibility

Committee.

In 2009, Pelham received federal and provincial funding under Recreation Ontario and the Recreational Infrastructure Canada (RIOC) program in Ontario to replace all playgrounds and bring their accessibility standards up.

ABC Recreation Ltd.

designed and constructed the new facilities that have adult exercise equipment and bike racks.

In 2011, Pelham received the Parks and Recreation Ontario Excellence in Design Award for the playground replacement project.

—staff

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Jim's perfect



Kinsmen District acknowledges Fonthill Kinsmen Jim Jenter's 40 years of perfect attendance. Pictured from left, President Kim Doug Freeland, Deputy Governor Shane Welsh, Governor Marty Makins, District Governor Kinettes Cathy Manners, Kim Jim Jenter, Incoming Governor Chris Kekes and District and Chairman Bill Harris.

Summerfest donation



Supplied photo
The Town of Pelham supported Pelham Summerfest with a \$10,000 donation to the Summerfest Committee. Pictured from left is Summerfest Committee member John Wink and Mayor Dave Augustyn.

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Remember when?



Supplied photo

At the time of this picture, the blacksmith in North Pelham was Mr. P.J. Bea. The blacksmith's was the centre of activity in the village until it was burnt down in 1928. Does anyone remember a village blacksmith in Pelham? If you can remember, send an e-mail to the Pelham Historical Society atpelhamhistoricalimages@yahoo.ca.



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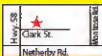
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■ HIGH SCHOOL ATHLETIC AWARDS: E.L. Crossley wraps up 2012-13 season with sports assembly

Cyclone in the forecast

PelhamNews Staff

Following is the list of the school awards presented last Thursday at E.L. Crossley Secondary School's 2012-13 sports assembly.

SCHOOL AWARDS

Female athlete of the year: Maria Gearing

Male athlete of the year: Tyler Young

Junior female athlete of the year: Kylie Butler, Lisa Gearing

Junior male athlete of the year: Danny Gearing, Tyler Grummett

Contribution to E.L. Crossley Sports Award: Kathryn Hryusko, swim coach and athletic council co-captain

E.L. Crossley Outstanding Athlete Accomplishment Award: 2013 track and field team, winners of five provincial medals - Shyla Cardy, gold; Tyler Grummett, silver, bronze; Regan Glen, silver; Cassie Osterlund, bronze; and finishing 14th overall in Ontario.

E.L. Crossley Community Athletic Award: Keagan Collie, gold medal; Koidin Collie, silver medal; at Canadian national wrestling championships



BERND FRANKE Staff Photo
Maria Gearing, front row, from left, senior female; Tyler Young, senior male; Danny Gearing, junior male; Lisa Gearing, junior female; Kylie Butler, junior female; and Tyler Grummett, junior male; are E.L. Crossley Secondary School's athletes of the year for 2012-13.



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TERMS AND CONDITIONS: All items sold as is where is, standard auction terms and conditions apply, as per auction registration contract agreement and per auctioneer. 12% recovery fee to be added, Auction conducted by Smart Liquidations 2156369 Ontario LTD.



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■ BASEBALL

Pelham Minor Baseball this week

For PelhamNews

The Miller Restoration Pelham Panthers Pee-wee Rep team kicked off the month of June by adding to their win column beating Thorold 11-5.

Solid Pitching came from Ryan Dykstra, Josh Stuart and Dylan Biggar, all pitching two innings each and limiting the Thorold bats to three hits.

Leading at the plate was Tyler Dobbie with three singles, Connor Walton, with two singles, Ryan Moffatt and Spencer Reynolds with one double each, and Evan Dobbie, Harry Steven, Nathan Cook and Ryan Dykstra all chipped in with singles.

Evan Dobbie fielded a ground ball in shallow Centre field and threw a bullet to 1st base throwing the runner out for the final play of the game.

The Future Stars Sports Photography Pelham Sharks won their third consecutive game against the Welland Yankees 17-6.

It was a tough match, as both teams were fielding and batting well. Owen Nichols picked off a runner on second after a hard ground ball.

Shortstop Julian Rubino and second baseman Simon Killeen worked together to halt a late game comeback attempt with some stellar fielding.

Ethan Wells threw a long ball from third to Alex Rubino for the out at first. Lucas Slingerland, coming from right-centre field, tagged out the second base runner in a daring hustle. Dylan Scott, getting comforta-

ble at shortstop, made several good plays.

Kristen Wells celebrated her first hit of the season with a solid single, while Ryan Jensen added three hits to his mounting record. Brendan Veenstra hit all four times up to bat and scored three of those times. Danny Langelaan registered two hits and an RBI. Wyatt Gibson added four hits and several RBIs to his batting record. Matthew Kleinsmith hung in for 12 pitches before sending the ball on a full count.

The Orange Crush Giant Tigers played their fourth game of the season against Welland. The game was a duel between pitchers and both teams struggling to find offence in this low scoring affair.

Welland took the lead 1-0 in the 1st inning and increased it to 2-0 in the top of the fifth inning. The tigers had the home field advantage and proved to be worthy. Ben Buttner lead off with a single followed by four consecutive hits and the game was tied at two. With bases loaded with two outs, Pelham fell short of the victory. Tyler Hunter and Cale Owen had excellence with their bats.

Fonthill Pharmsave Mosquito played a tough game at Memorial Park, with all of our players giving their all in the game. The team had its first home run of the season hit by Caelum Alderidge, a great double by Jordan McMillan, and good solid hits from Forest Turpel, Owen Miller and DJ Petrovski.

If you have a story idea or see news happening, we want to hear from you –

pelham.news@summedia.ca or 905-732-2414 ext.246

*The offer price of this promotion is \$99.75 tax included. This offer is available to customers who have not had home delivery in the last 35 days. This offer must be pre-paid by credit card at time of order. This offer is not available in all delivery areas. This offer is non-refundable. The Cineplex Night Out certificate is valid with a prepaid order. Please allow 4-6 weeks for mail delivery of your Cineplex certificates which are not available at your local newspaper office. No walk-in orders accepted, please call phone number provided above to take advantage of this special. GST#R9292 1453 RT0001. ©Cineplex Entertainment LP or used under license. The price per day includes the value of the Cineplex Night Out certificate and is based on the term and delivery frequency of this promotion. Offer expires September 5, 2013.

AROUND TOWN

SATURDAY
JUNE 22

WATER FEATURE TOUR
presented by Hope Centre
with Botanix Rice Road
Greenhouses, Boldt Pools
and Rexroth Bosch Group,
9 a.m. to 2 p.m. Nine exqui-
site backyards have been
chosen to allow you to view
ponds, pools, spas and
waterfalls in the Pelham-
Wetland area. There will be
a silent bid item at every
home. Tickets are \$15
available locally at The
Hope Centre, 905-788-
0744, or Botanix Rice Road
Greenhouses, 905-892-
5832. Rain or shine.

FAMILY FUN DAY

at Welland Historical
Museum 11 a.m. to 2 p.m.

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Something for all ages.
Proceeds to residence
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p.m.

MONDAY
JUNE 24

EVENING GARDEN WALK
Hosted by Pelham Horti-
cultural Society, 6:30p.m. to
dusk, meet at the Fonthill
library for list and location
of the gardens. Free for
members; \$7 for non-mem-
bers. Refreshments to
follow.



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OFSAA medallists



Supplied photo
From the left, Shyla Cardy, Tyler Grummett, Regan Glen and Cassie Osterlund won medals for E.L. Crossley at the 2013 Ontario high school track and field championships that wrapped up Saturday in Oshawa.



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market, Art in the Park and
the Summerfest Beer and
Wine Garden. 4 p.m. to 10
p.m.

FRIDAY
JULY 19

PELHAM NIGHT OF ART
Create a Wall of Community Art as part of Summerfest. Teen movie night under Pelham Arches, live music and Summerfest

Beer and Wine Garden. 4 p.m. to 11 p.m.

**SATURDAY
JULY 30**

STREET FESTIVAL
Kids' Zone and active zone, 10 a.m. to 6 p.m., Art in the Park, food and retail vendors and Summerfest beer pavilion from 10 a.m. to midnight.

**SATURDAY
JULY 20**

PANCAKE BREAKFAST and family fun walk wrap up Summerfest activities. Events also include Art in the Park and live music. 9 a.m. to 2 p.m.

ONGOING LISTINGS

WELL AND MUSEUM

Art-of-Fact exhibit on display until July 1. Summer architecture walks begin June 12. Check the museum's website or Facebook page for more info about all our programs and events. Museum hours are Tuesday to Saturday 10 a.m. to 4 p.m.

POINT ARINO LIGHTHOUSE

Guided tours are offered the second and fourth Saturday of the month between 10 a.m. and 1:45 p.m. Departure from 1036 Point Abino Rd. S. Ridgeway, next to the

Bertie Boating Club. Further info at www.forterie.on.ca or www.palms.ca.

KNIT WITS

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PROGRESSIVE FLICHRÉ

every Tuesday 7:30 p.m. at the REX hotel, King St., Welland, \$5 a person. Everyone welcome.

KARAOKE

every Saturday at Moose Lodge, 281 Riverside Dr., Welland, starting 8 p.m. Everyone welcome.

VENDORS WANTED

The Guild Hall Makers' Market, 72 Charlotte St., Port Colborne, is held every Friday 8 a.m. to 12:30 p.m. To inquire, call Mary at 905-835-0394 or the church office at 905-834-3184.

Chess Club

meets Thursdays at Welland Tennis Club, 45 Hooker St., 7 p.m. to 11 p.m. Everyone welcome. Call 905-734-6533.

CALLING ALL FINE ARTISTS

Second annual Art in the

Park, juried fine art show, Pelham Peace Park, Fonthill, July 18 to 21. Application forms at www.patriciahafter.com and at www.pelham-summerfest.com.

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If You Suffer From Bladder Issues, You Are Far From Alone!

Whether you have a medical issue, are pregnant, overweight, overactive or just getting older, an overactive bladder—otherwise referred to as incontinence—is a problem no matter how you roll the dice. The fact remains, if you are one of the millions suffering from this frustrating condition, you are not alone. In fact, some estimates indicate that as many as 3.3 million Canadians—approximately 10% of the population—are experiencing some form of incontinence. However recent studies indicate that these numbers are much higher—particularly in older individuals. Our medical community doesn't seem to have any real answers when it comes to this issue either! This may be one of the main reasons the prestigious World Health Organization calls incontinence "one of the last medical taboos". One of the main reasons both sexes experience urinary problems is due to a weakening of the pelvic floor muscles and/or a weakening of the bladder sphincter (the muscle that controls urine flow). This is believed to be caused by hormonal changes, primarily the loss of testosterone, which is needed to keep these muscles from shrinking or growing weak. Even though weak bladder control affects both genders, more women tend to suffer from it than men.

Pumpkin Seed Extract – Nature's Answer to Healthy Bladder Control

Pumpkin seeds have a long history of use in helping to alleviate various bladder conditions. Even though many people have noticed some bladder-related relief by using pumpkin seed oil, according to new research, it is the water-soluble portion of pumpkin seed that is much more effective.

Research shows that water-soluble pumpkin seed extract is able to strengthen the pelvic floor muscles of the bladder by:

- Allowing more testosterone to become available to the pelvic muscles
- Binding to the pelvic-floor androgen receptors, further strengthening the pelvic muscles
- Helping to allow the bladder to relax (by increasing nitric oxide)

Why Ultimate Bladder Control?

Ultimate Bladder Control contains a 100% natural form of a patented water-soluble pumpkin seed. This one-of-a-kind ingredient was researched by Japanese scientists and found to be far superior to the conventional oil-soluble pumpkin seed available in the majority of products. Aside from its superior absorption ability, the water-soluble pumpkin seed used in Ultimate Bladder Control has been shown to be highly effective in alleviating the majority of urinary discomforts experienced by both genders and all ages.

Did you know...

50 percent of the adult population (over age 60) experiences a frequency in nighttime urination leading to disturbed sleep patterns

48% of women and 17% in men over the age of 70 suffer urinary incontinence

1 in 5 Canadian women and 1 in 7 men over the age of 35 suffer from overactive bladder problems



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